

## Grade Two Non-Core

Aside from what is considered “Core” subjects in an academic program, your child will also participate in “Non-Core” subjects to round out their education. Details for these subjects are listed below.

### Physical Education

Your child is required to participate in physical education activities during the school year. Often, CHEK activity days include group physical activities that are difficult to accomplish at home. Families are also encouraged to involve their children in community based physical activities during the year, such as swimming lessons, gymnastics, soccer, hockey, skiing, etc. These activities are at your choice and will be written into your SLP appropriately. For assessment, at the end of every term, please take a “CHEK End of Term Physical Activity Report” to a coach to complete to inform your teacher of your child’s progress. Many sports also issue a certificate or report at the end of a session, so these will suffice.

Should you choose to do a completely home based program, the resource, [Homeschool Family Fitness](#) has been included as an option in this package to help you design your program.

### Fine Arts

As a student in a DL school, your child is required to participate in 2 fine arts and may choose from visual arts, drama, dance, or music. Many CHEK activity days *may* include the study of a Fine Arts, so talk with your teacher about what will be covered in the year. As with PE, the choice of Fine Arts for your child is at your discretion and may often occur in community based organizations. An End of Term Report has been included in this package should your child take music lessons with a community teacher. Submit this to your teacher at the end of the term.

Should you decide to do a home based Fine Arts program, optional resources for visual arts is [How Artists See Feelings](#), and [How Artists See the Elements](#). To include study in music appreciation, we suggest [Classical Kids Collection](#). You will have to schedule these resources into your year using the planning process outlined in the beginning of this manual, and extend the activities as you see fit.

## **Health and Career Education**

This is a subject that encourages children to live responsibly and to be aware of certain social and health issues. In grades two and three, students are encouraged to begin learning about goal setting, healthy lifestyles, caring behaviour within friendships, and roles and responsibilities. These outcomes will be accomplished through participating in their academic program, family experiences and discussions, as well as CHEK activity days and through maintaining friendships.

To help stimulate discussions with your child about family life, we have included a helpful little book, [Before I was Born](#), that tastefully but accurately provides information about how a family grows. Beginning these conversations at a young age helps to promote and maintain transparency throughout the years as your child grows into an adult.